

You and Academics: Who Are You?

- Why am I in college? Do I have just one reason or several?
- What would I be doing if I were not in college?
- What classes have I enjoyed most at John Jay?
- In what classes have I earned the best grades? Are they the same as the classes that I've most enjoyed?
- What kinds of information do I enjoy learning?
- What kinds of questions do I enjoy asking?
- What kinds of work do I enjoy? Analyzing literature? Solving math problems? Studying human behavior? Social trends? Natural phenomena? Traditions of different cultures? What does my answer tell me about myself?
- What are my academic strengths?
- What are my academic weaknesses, and do I feel any motivation to improve in these areas? Why or why not?
- Could I be more satisfied with my academic performance, and if so, how?
- Do I know what I'm going to major in? If so, why the interest and do I believe I have a reasonable chance of success in this major?
- If I don't know my major yet, what will be the biggest factors influencing my choice of major?
- If I had to choose a major based purely on interest, what would it be, and what does this tell me about myself? Would there be several majors that come to mind?
- Are there experiences outside the classroom (community service, study abroad, etc.) that would enhance my life and be a great supplement to my academic work?
- Do my academic interests match my personality well?
- Do I need some help with academic planning?